# GNOMES NO. 1 NOVEMBER 22

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The GNOMES provide such a valuable public service

GNOMES are a voluntary group offering a helping hand to Meppershall residents in their time of need. Contact us on 07760 793921 9am-6pm Monday to Friday, or email gnomes@meppershall.org





## **GNOMES NEWS IS ANNOUNCED!**

The GNOMES Committee, Carolyn (Chair), Martin (Treasurer and Secretary), Kim (Marketing), Caroline (Phone holders and Rota) and Amanda (Research and development) are pleased to announce their new quarterly newsletter for GNOMES volunteers.

Did you know that the GNOMES committee meets quarterly to talk all matters GNOMES? This newsletter will highlight key points from the meetings

Do you have anything for the next edition in February 23? Please let Carolyn know on <a href="mailto:casholmes11@gmail.com">casholmes11@gmail.com</a> Did you know that GNOMES are on Fb. Please like us! (5) Meppershall Good Neighbour Group | Facebook





### **COMMITTEE UPDATE**

- During July to September, GNOMES undertook 30 jobs (12 more than the previous quarter), 21 were related to health and social related transport, 6 prescription collections, 1 signposting to local information and 2 Befriending/ social support requests. Please don't forget we can also help with one off DIY tasks
- The Committee has approved a new Data Protection policy, as well as a new Risk Assessment form (used to plan how we can safely help new befriending visits)
- The Committee apologise but we are unable to provide individual updates on clients post GNOMES job completion, due to protecting individual's privacy. However we appreciate every job that is done.
- We are very pleased to say that we are now planning to re-instate befriending to our clients.

We currently have clients interested in having a GNOMES volunteer to befriend them on a regular basis. We are looking at two types of befriending:

- visiting a client in their own home for a chat.
- Telephone befriending.

Kim is the committee member who will be coordinating this, so if you are happy to be included as a befriender or just want to chat about what's involved please give her a call on 07952557203 or 01462 811750 or drop her an e-mail at <a href="mailto:kim@randall-tyler.org.uk">kim@randall-tyler.org.uk</a>.

- A BIG Thankyou to Caroline for all her hard work with updating GNOMES volunteers Disclosure and Barring Service (DBS) checks. Carolyn, your Chair, will now undertake this role, so expect her to contact you every 3 years when we renew our DBS checks! These are free to volunteers.
- A warm welcome to Amanda, our new committee member, who will help us think about how we can develop our services in our community, through research, communications, and events.

### **HOW DO GNOMES SAY 'HELLO'?**

Don't forget to come to our monthly coffee mornings in the café at Meppershall village hall, second Thursday of the month 10.30-12.00

**ALL WELCOME** 



A hearty wave and a happy hey is the gnome way.

Whether it is a pleasant "Good Morning!" or an energetic "Hi!", a gnome is expected to take the time to greet each other caringly. It is considered very rude to not introduce yourself or acknowledge a fellow gnome, especially in Meppershall!



### DATES FOR YOUR DIARY

- Thursday 10<sup>th</sup> November GNOMES coffee morning all invited 10.30-12. Our theme will be REMEMBRANCE
- GNOMES will be at the Village Christmas Market on 3<sup>rd</sup> DECEMBER 12-4pm
- December's CHRISTMAS
   coffee morning date has
   MOVED from Thursday 6<sup>th</sup> to
   Monday 19<sup>th</sup> December,
   10.30- 12.00, Meppershall
   Village Hall café. Come
   ready for a hearty singalong
   and lots of GNOME laughter.